KV FOCUS™

A Kalamazoo Valley Community College Publication
Summer 2018

FALL SEMESTER
STARTS SEPTEMBER 4
THERE IS STILL TIME TO REGISTER
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KalamazooVALLEY™ community college

MEET DR. L. MARSHALL WASHINGTON
NEW COLLEGE PRESIDENT

Dr. L. Marshall Washington

Dr. L. Marshall Washington began his tenure as the third president of Kalamazoo Valley Community College on July 2. As the college's new leader, he presides over a public institution with four campuses, which include student-run restaurants, state-of-the-art training facilities for health care careers and professional trades and the Kalamazoo Valley Museum. He brings experience and passion for serving students, faculty, staff and the community to his role.

Throughout his career, his leadership style has been characterized by an openness to input, humility, cooperation, trust and above all, a bias for action. He attributes his love of learning and education to the people who believed and invested in him as he made the journey from first generation college graduate to president of a multi-campus institution. "So many people had an impact on who I am as a person and as an educator, "Washington said. "There were people behind the scenes who have made an impact on my life and have helped me along the way – not always the people who had degrees."

During a recent interview with KV Focus, he fondly recalled an elementary school custodian who encouraged him to do his best, including helping him learn about basketball and cheering him up on a particularly bad day. He also remembers the husband of an Upward Bound college prep mentor teaching him to drive a five-speed car and taking him for a ride in a single-engine airplane. "I've had some wonderful experiences," Washington said.

Increasing positive student experiences and removing barriers which limit student success, are priorities as he begins his work in west Michigan. The Columbus, Ohio native brings a wealth of experience to the college. Most recently, Washington spent five years as president of New River Community and Technical College (New River CTC) in West Virginia. He also served as vice president and CEO at the Lancaster Campus of Harrisburg Area Community College in Pennsylvania and was formerly the vice president of Student Services at Kellogg Community College in Battle Creek.

Washington received his doctorate in educational studies/specialization in educational leadership and higher education from the University of Nebraska-Lincoln, Lincoln, Nebraska; a master's degree in education from Winona State University, Winona, Minnesota; and a bachelor's degree in elementary education from Ohio Wesleyan University, Delaware, Ohio.

Washington met his future wife Tonja Embry Washington while visiting Ohio Wesleyan University as a high school student. Embry Washington teaches elementary, secondary and post-secondary students. She is active in philanthropic and community initiatives, is an active member of Alpha Kappa Alpha Sorority, Inc. and The Links Incorporated. Washington and his wife of 24 years have three children, Lauren, 21, a junior at Marshall University, and high school students Ethan, 17, a senior and Jordan, 15, a junior.

KV Focus: What attracted you to Kalamazoo Valley?

Dr. Washington: It is a pleasure to return to Michigan. Kalamazoo Valley has long been a respected leader in southwest Michigan. The college's long-term President Marilyn Schlack, solid finances, sterling facilities and innovative programs were all factors in my decision to return to Michigan.

KV Focus: Increasingly, parents and students are questioning the value of a college education. How do you answer skeptics who are reluctant to make an investment in post-secondary education?

Dr. Washington: This is our story to tell and we need to present the facts associated with the benefits of a community college education. Kalamazoo Valley has always been able to hold the line against spiraling tuition costs, making it one of the most affordable colleges in the state. The college has been preparing students for meaningful careers in high demand fields for more than 50 years. To help us better prepare students for life after college, we need to better understand their post-graduation and transfer challenges and accomplishments.

KV Focus: The college attracts a wide variety of students including 4.0 GPA high school graduates to those who plan to transfer to a four-year college, to adults who are returning to retrain after being downsized, to those seeking competencies for advancement in the workforce. How can Kalamazoo Valley create and maintain the support services needed for these diverse groups?

Dr. Washington: Harnessing and utilizing technology is one way we can continue to address the needs of our multiple student groups. Technology can help us increase and improve access to our student services. Additionally, it is important for the college to reach out to traditional collaborators including K-12, KalamazooRESA, the Allegan and Van Buren County ISDs and others to strengthen relationships. Plus, I want to know how we can more closely align with area employers to understand their needs. These are just a few ways we can be more proactive in the community.

KV Focus: What is the role of technology in the classroom?

Dr. Washington: We need to consider the learning needs of our students. How can we better serve both traditional and non-traditional students? How have students been learning? What are our transfer college institutions requiring? By working together, we will find the right combination of online, blended and face-to-face classroom courses that will enhance students' ability to complete their degrees and certificates in a timely manner.

KV Focus: Out-of-state colleges and universities target Michigan high school graduates for application and enrollment. What can the college do to keep area students at home and at Kalamazoo Valley?

Dr. Washington: Quality instruction, cost and timely degree completion are all important to students and their families. Meeting these requirements is our priority. I believe we need to ask our students about their needs and then respond.

KV Focus: How have your accomplishments prepared you for your role at Kalamazoo Valley? What are some of the projects you have been associated with of which you are most proud?

Dr. Washington: I have always been focused on student success. While at New River CTC, we increased the number of Guided Pathways programs to nurture student success and retention, while actively participating as a Persistence and Completion Academy Higher Learning Commission member institution. Moreover, I have always believed that students learn better when they have the facilities they need. I have been involved in numerous campus improvement and expansion projects including a $13.5 million 55,000-square-foot administrative headquarters and Raleigh County Campus at New River CTC and the $5.8 million renovation of the arts and sciences building on New River CTC's Greenbrier Valley Campus.

Also at New River CTC, I led the effort to add new health care careers programs with a $3 million grant from the U.S. Department of Labor. In addition, while at New River CTC, the college received a $1.3 million grant through the state of West Virginia and the U.S. Department of Labor, which allowed the creation of modularized programs in welding, line service mechanic, and computer science IT aimed at reaching out to displaced workers, veterans, National Guard members and adults who have had some post-secondary education but never completed their degrees.

KV Focus: How do you plan to learn about the college community and broader community during your first 100 days?

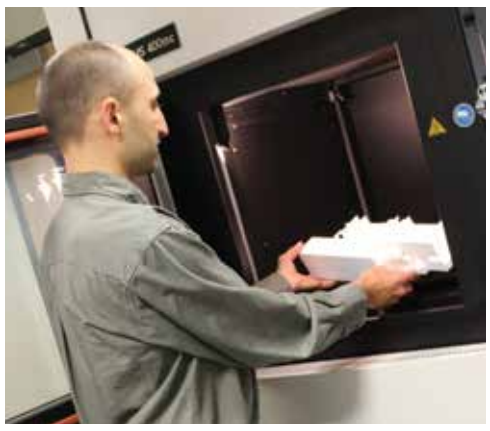
Dr. Washington: I am asking many questions and I am listening. I am spending time on all of our campuses and in the communities we serve. Kalamazoo Valley has a very successful record of accomplishments. I want to build on that. This will require that the college continues to change - change will be driven by the evolving needs of students, employers and communities in west Michigan.

KV Focus: How would you characterize the opportunity for growth of the college during the next five years?

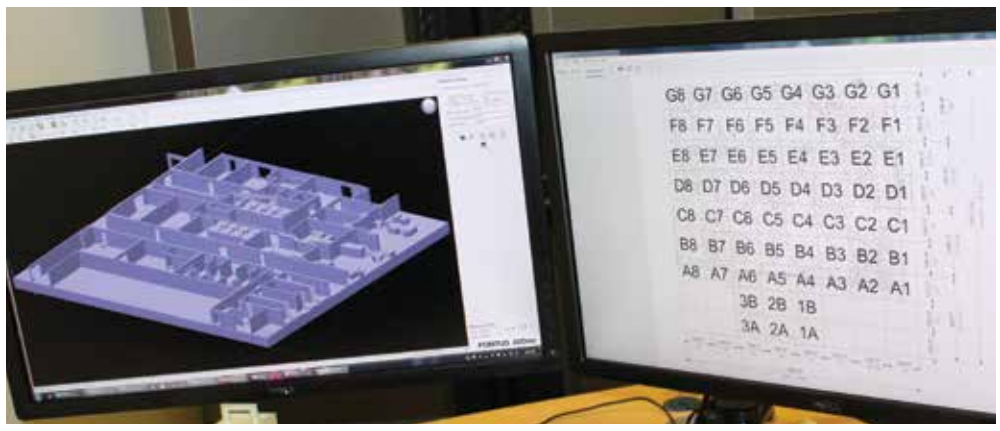
Dr. Washington: The future is bright. There are many groups and individuals who are already helping the college achieve great things. Our faculty, administrators and staff want to make Kalamazoo Valley an outstanding place for all students, from all walks of life. Working with them, the Board of Trustees and the community, I will strive to ensure we have the support we need. In addition, there are friends both old and new, just waiting to join us on this journey. I will make sure that we extend the invitation.

BUILDING PARTNERSHIPS
ONE SECTION AT A TIME

Section of Pfizer's 3D model



Ian Salo pulling section out of printer



3D computer rendering

A chance meeting of two engineers on one campus led to the building of another.

Ian Salo, mechatronic instructional manager at Kalamazoo Valley's Groves Center, met Patrick McEvoy, director/team leader, engineering and maintenance at Pfizer, when McEvoy's son and daughter were part of the Mattawan WiredCats FIRST (For Inspiration and Recognition of Science and Technology) Robotics Team. The high school team spent nearly seven months at the Groves Center preparing for the FIRST Robotics Competition, a global competition that combines the excitement of a varsity sport with hands-on training in science and technology. Salo and McEvoy served as mentors to the group.

While touring the 70,000-square-foot Groves Center, the team saw a variety of state-of-the art machines and technology, including a new three-dimensional printer that prints in 12 different materials. The printer was funded through a $4.8 million Community College Skilled Trades Equipment Program (CCSTEP) grant. CCSTEP funding is meant to enable community colleges to purchase equipment to enhance educational programs in high-wage, high-skill and high-demand occupations. Kalamazoo Valley was one of 18 community colleges in the country to receive a CCSTEP grant. McEvoy, who works at Pfizer's 1,300-acre Global Supply facility in Portage, was looking for a way to envision expansion and renovation plans for the site's main drug product operations building which has more than one million square-feet of floor space on its ground floor.

"It's difficult for people to visualize expansion plans at a facility this large," McEvoy said. "We knew we needed something beyond our two-dimensional plans to visualize, plan and communicate a capital plan."

The college's new 3D printer was the solution.

Salo, who had only just begun working with the $173,850 printer, saw this as a great opportunity to complete hands-on training and to see what specifically the printer was capable of building. He spent roughly four months working with a team at Pfizer to turn 360,000 pages of 2D drawings into a three-dimensional model of their more than one million square-foot main level.

"It was a tremendous learning experience," said Salo. "Turning a drawing into an actual facility that was so complex in scale and detail taught us so much about the capabilities of the printer."

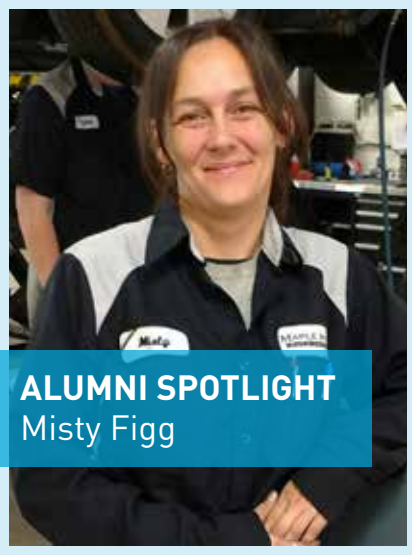
The printer, Salo said, ran for more than 1,300 hours - building 114 prints that represent the building, 50 racks with 380 lids. Groves staff members Ben Ash and Josh O'Keefe assisted with the project by starting prints later in the evening and on weekends. The pieces were taken to Pfizer in batches and eventually assembled and put on display.

"I can't say enough about the significant effort, talent and skill that went into this project," McEvoy said. "We weren't exactly sure what we were asking of Ian and his team but it ended up being quite an accomplishment and exactly what we needed. It was a wonderful learning experience for everyone involved. To me, the 3D model was an exciting and practical way to showcase our plans for the future while developing a close working relationship with Kalamazoo Valley utilizing their extensive capabilities."

Craig Jbara, vice president of strategic business and community development for Kalamazoo Valley Community College, agreed.

"Part of the mission of our organization is to support business and economic development in the community," he said. "This collaboration helped Pfizer assess the potential for 3D printing while giving us the opportunity to train our staff and develop some real data on machine usage, costs and overall metrics. The outcome was tremendous."

For more information about the Groves Center, visit www.kvccgrovescenter.com



ALUMNI SPOTLIGHT
Misty Figg

Gobles resident Misty Figg was hesitant to enroll in college, but she has no regrets about obtaining her automotive technician associate degree. She is now a team leader at Maple Hill Auto Group where she has worked for three years and has advanced steadily.

Figg's brother had taken classes at Valley and she was impressed by his experience. "I'd heard good things about Valley so I decided to apply," she said. "I was really hesitant at first. I didn't know if I'd succeed."

She credits her instructors with alleviating those fears and equipping her with the skills she needed.

"I had a lot of hands-on training with wonderful instructors who prepared me quite well," she said. "I became quite successful in the program and quite confident in my abilities." At first she worked in the Lube Express department, then moved to Hyundai tech and now she's a team leader.

Auto tech instructor Doug Martin said Figg stood out as a dedicated and skilled student. "Misty is one of our past students who not only excelled and grew in our program, but is continuing to succeed today," said Martin. "We are always proud of our students, past, present, and future."

Figg has two young sons and a new home and said her life has changed significantly since she took her first auto tech class. "I was at a very low point in my life seven years ago and have completely brought myself up and have become very successful and good at what I do. I worked at a few other shops before finding my spot at Maple Hill – a great company and great people to work for and with."

Figg encourages others to find their passion and to keep learning. "No matter where anybody is at in their life, they can better themselves and be successful," she said.

NEW EMPLOYEE
TRAINING OPTIONS

Are you a business owner looking to expand and hire new employees? Do you need help training these new hires? Kalamazoo Valley Community College, in partnership with the state of Michigan, can help.

Kalamazoo Valley's Corporate Training department can provide a variety of customized training programs and the state's Michigan New Jobs Training Program (MNJTP) can help offset those training costs. This unique economic incentive allows for businesses to partner with Kalamazoo Valley to produce highly-trained employees at no cost to the employer.

Funds to cover the costs of the training are attained through a diversion of withholding taxes generated by the wages earned by new employees. Training of new employees, explained Kate Miller, corporate training manager at Kalamazoo Valley, are reimbursed by dollars that would otherwise have been paid to the state for withholding taxes.

The MNJTP can be used to reimburse any direct training or education expenses, including:

- Basic adult education
- Job-related instruction
- Skills assessment
- Training equipment, materials and supplies
- Customized training services
- Testing and evaluation of employees
- Reimbursement for travel costs for employees or company trainers
- College tuition, books and fees
- Services of a private trainer

"The Michigan New Jobs Training Program allows qualifying employers to strategically build their on-boarding and training programs," Miller said. "Diverted dollars can be used to reimburse for credit or non-credit training or education, technical or soft skills, and can even be used to fund equipment necessary for training these new workers. We are grateful to the state of Michigan and the Michigan Community College Association for this additional resource to strengthen our region."

Area employers can enter into an agreement with Kalamazoo Valley to provide training if they are creating new jobs in the state that:

- Are full time, in a new, existing or expanding business
- Are not jobs of recalled workers, replacement jobs, temporary or any other job that existed within the one year period preceding the date of the agreement
- Are new jobs that pay at least 175% of the minimum wage, or $16.19 per hour
- Are new jobs that result in a net increase in employment in Michigan

For more information, contact Kate Miller at kmilller1@kvcc.edu or call 269.353.1257.

SCHOLARSHIPS HELP STUDENTS PERSEVERE AND FIND SUCCESS

Although Kalamazoo Valley Community College has one of the lowest tuition rates in the state, many students still cannot afford a college education. That's where the KVCC Foundation steps in; helping students like Emily Lechowicz achieve her dreams. "A small act of kindness goes an incredibly long way. Not only did receiving a scholarship help me continue my education in Kalamazoo Valley's Sustainable Brewing program, it also reassured me that I have an entire community who believes and supports in not only my dreams, but the countless dreams of other aspiring students as well," Lechowicz said during the May 23 Opportunities for Education Scholarship Fundraising Dinner held at the Radisson Plaza Hotel in downtown Kalamazoo.

Lechowicz was one of two students who shared their stories during the annual event, which is the primary scholarship fundraiser for the college. She and fellow scholarship recipient, Moller Saman, told the audience of more than 300 that an investment in education is the primary way generous donors can change the trajectory of a student's life for the better.

Saman, who fled Cairo, Egypt, to avoid religious persecution came to the United States more than 20 years ago, putting his dream of completing a college education on hold while he and his family acclimated to their new home. Saman, for whom English is a second language, shared that he continued to hope for a college degree. "After finding my way to Kalamazoo, I asked my cousin and he told me that he got his degree from Kalamazoo Valley and maybe I could, too. I came and I met with the Diane the director of the international student services department. She did her best connecting me with a scholarship and helping me enroll in college. When I left that meeting, I had the feeling I had the world in my hand," he said.

Because of scholarship support, both Saman and Lechowicz are able to continue their studies and look forward to graduation and to life after college. Lechowicz is anxious to return home to northern Michigan and pursue her dream of opening a brewery in the Leland area. "There are always going to be stumbling blocks along the way, but persistence is key to success. Finances are challenging for students, even for those who attend community college. Although I was worried I was not going to have enough money to pay to continue my education, I tried not to lose all hope. I applied for scholarships through the KVCC Foundation and wrote an essay for The Final Gravity Brewing Scholarship. I felt like my chances were low of receiving any help, just because there are so many people struggling to get financial aid, but I wrote my heart out in my scholarship essay. I felt that if I could show how

Emily Lechowicz

Moller Saman

badly I wanted to be at Kalamazoo Valley continuing my education, someone would believe in me. I submitted my application toward the end of October 2017, feeling confident that no matter the outcome, the people reading my thoughts about the college and its Sustainable Brewing would be inspired and moved," she said.

Moved they were, according to Foundation Director, Steve Doherty. "We receive hundreds of requests for scholarships each year. Frankly, the demand outstrips our ability to help, however in these situations; we were able to assist because of the generosity of Foundation donors."

When asked about his good fortune, Saman said, "Why I am here? Because of your help and support, I am still a student at Kalamazoo Valley. I am now going to achieve my dream of earning a college degree in business. Thank you so much for changing my future to the best."

With words of gratitude for the entire community Lechowicz said, "Thanks to Kalamazoo's culture and the support of college, KVCC Foundation and all who donate, I have confidence that I will achieve great things, especially with this community behind me and other students with a dream to succeed. I am truly blessed to be able to speak on behalf on hundreds of students who received scholarships this year and who were able to take one step closer to our dreams and making a difference. Your support means the world. Thank you for believing in me."

For more information about how you can make the dream of a college education possible for students like Emily and Moller, contact Steve Doherty at sdoherty@kvcc.edu 269.488.4442.

For additional information about the Foundation, visit www.kvcc.edu/foundation.

KVCC FOUNDATION SUPPORTING STUDENTS SINCE 1980

Did you forgo a college education because of the cost? Do your children or grandchildren struggle to pay tuition bills?

If you answered yes to either of these questions, you and your family are not alone. Last year Kalamazoo Valley Community College processed 14,122 requests for student financial aid. Of those requests, 5,775 students received some form of financial support and of those 450 students received scholarships from the KVCC Foundation.

The Foundation was established in 1980 and is governed by a 16-member local Board of Directors comprised of community leaders, business owners and alumni. It is an independent 501(c)3 charitable organization for the support and benefit of Kalamazoo Valley students, faculty, staff and affiliated entities including the Kalamazoo Valley Museum and Bronson Healthy Living Campus.

"One of the common misconceptions about the Foundation is that we give grants to community groups," said Executive Director Steve Doherty. "We don't give money away to other groups; we accept donations specifically for our students and college programs."

The Foundation serves as a trusted link between donors and students. "Our students are the future of this community. We want to help them be successful, our donors want to help them be successful, scholarships are a way we work together to help make a college education possible for many," Doherty said.

The Foundation grows its assets through private and corporate unrestricted and restricted gifts, endowment earnings, through the Annual Fund drive and the Opportunities for Education (OFE) Scholarship Fundraising Dinner held each year in May.

The Foundation's investment committee manages its assets locally. This local approach has provided steady growth and a steady pool of funds for student scholarships. Students seeking a Foundation scholarship complete an online application available in the Financial Aid Office. "The scholarships provided by the Foundation go a long way - closing the gap between applicants and awards," said Director of Financial Aid Alisha Cederberg. "The Foundation also assists students through emergency funds, scholarships, and grant funds for all semesters, including the summer. The Foundation will provide more than $500,000 in scholarships and grants in the coming year, a 25% increase over last year," according to Cederberg.

When asked about other details associated with the Foundation, Doherty was quick to point out support for college programs, faculty and staff. "Generous donors have supported the college in a number of ways over the years, including the development of the Center for New Media on the college's downtown Arcadia Common Campus, construction of the Veteran's Tribute Garden at the Texas Township Campus and the Culinary and Allied Health Building and Food Innovation Center on the Bronson Healthy Living Campus," he said.

The Foundation also administers and grows endowment funds for the Kalamazoo Valley Museum.

Director Bill McElhone said, "The museum is operated by Kalamazoo Valley Community College and we are grateful that donors support our mission through gifts to the KVCC Foundation." Foundation gifts make special exhibits and programming possible. "The museum recently opened the Innovation Gallery, a major exhibit with more than 20 hands-on activities for children and their families. This would not have been possible without Foundation support," McElhone said.

The Foundation also serves as home for the college's alumni relations efforts. Specific communication and events for alumni, including the annual Alumni+ Art Show help the college stay in contact with graduates. "We thoroughly love staying in touch with our alumni, many of whom are now in positions to give back to the college through their own philanthropy and by establishing specific scholarships," Doherty said.

Local employers, foundations and businesses contribute to the KVCC Foundation, too. "Because our graduates fuel the regional economy, many employers see the benefit of supporting our efforts. Gifts to the KVCC Foundation are a win/win/win for students, the college and the community," Doherty said.

More information about the Foundation is available at www.kvcc.edu/foundation. To discuss making a financial gift, contact Steve Doherty at 269.488.4442 or sdoherty@kvcc.edu.

GET IT DONE
BE PREPARED FOR THE FALL SEMESTER

Organizational Behavior, Brewing History and Racial and Ethnic Relations are just a few of the many hundreds of courses available for the fall semester at Kalamazoo Valley.

Help registering for classes is just one of the many services that will be available at the Get it Done – Be Prepared for the Fall Semester event held at Kalamazoo Valley Community College's Texas Township Campus Aug. 1 from 4 – 7 p.m. in the Student Commons.

This annual event serves as a convenient, one-stop option for students, parents and community members who have questions or are interested in attending Kalamazoo Valley. Representatives from the Financial Aid Office, Office for Enrollment Management, the Admissions, Registration and Records Office, Student Activities and Organizations and Student Success Services will be on hand to assist those in attendance.

A number of faculty members and academic deans also will be available to answer questions about specific programs and degrees offered at the college.

"Kalamazoo Valley offers a wide variety of programs in a number of different career pathways," Executive Vice President for Instructional and Student Success Services Dr. Dennis A. Bertch said. "Several of these programs will be on display at our August 1 event. I encourage you to take advantage of this opportunity to learn more about the services and programs that are available at Kalamazoo Valley."

Additionally, Bertch added, students can learn more about the new Kalamazoo Valley Accelerated Associate Program (KVAAP). This new initiative covers the cost of tuition, fees and books for qualifying students and is meant to help ensure that students can attend school full time and complete their associate degree. In addition to financial assistance, students benefit from advising and educational pathway guidance.

Program Director Louis Thomas will have applications and information available for students interested in participating in KVAAP. Students must reside in Kalamazoo County or Mattawan and demonstrate financial need. Additionally, they must be enrolled full time and pursuing a degree in business, culinary/brewing, art & new media, liberal arts, or science.

With more than 100 questions, filling out the Free Application for Federal Student Aid (FAFSA) can be an overwhelming process for parents and students. Staff from the Financial Aid Office will also be on hand to help anyone in the community who needs assistance with their college financial aid paperwork or who would like to learn more about the financial aid process. Computers will be available in order to access the online FAFSA application. Attendees should bring all necessary paperwork to complete the FAFSA, including 2016 tax return information.

"We're here to help," said Director of Financial Aid Alisha Cederberg. "I encourage anyone who has questions about financial aid to stop by – there's a lot of money out there to help with the costs of attending college – and the process can be complicated."

Attendees at the Aug. 1 event can complete a number of the necessary steps to becoming a Kalamazoo Valley student, including: talking to an advisor or counselor, registering for New Student Orientation, enrolling for the fall semester and touring the Texas Township Campus

Placement testing will be available but can take up to three hours to complete. People without test scores are encouraged to visit the college prior to the Get it Done event to take the test so they can complete the other necessary steps to become a Kalamazoo Valley student on Aug. 1. The Texas Township Testing Center, Room 2210, is open Monday – Thursday from 8:30 a.m. – 7 p.m. The Arcadia Commons Testing Center, Room 211 in Anna Whitten Hall, is open 8:30 a.m. – 5:30 p.m.

"There's still time to become part of the Kalamazoo Valley community," said Director of Enrollment Management EJ Bast. "We're trying to remove as many barriers as possible for students so they can enroll in classes."

Attendees with test scores, as well as any educational documents, including high school and college transcripts should bring them to the event to ensure proper course placement.

Students attending college for the first time, Bast stressed, must attend a New Student Orientation prior to registering for classes.

"We want students to succeed at Kalamazoo Valley and New Student Orientation lays the groundwork for that success," he said. "There are several orientations in August that students can attend and still have time to get enrolled in fall classes."

Students who have already been accepted to the college can register for New Student Orientation by calling 269.488.4048 or they can register in person at the Aug. 1 event.

For more information about this special event and how to apply to the college and register for classes visit www.kvcc.edu/getitdone.

The event is free and open to the community.

Upcoming New Student Orientations at the Texas Township Campus:

AUG 7
9 A.M.–12:30 P.M.
AUG 14
3–6:30 P.M.
AUG 21
1–4:30 P.M.
AUG 28
9 A.M.–12:30 P.M.
AUG 30
9 A.M.–12:30 P.M.
1–4 P.M.

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It is the policy of Kalamazoo Valley Community College not to discriminate on the basis of race, religion, color, national origin, sex, disability, height, weight, or marital status in its programs, services, employment or activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Executive Vice President for Enrollment and Campus Operations, 6767 West O Avenue, P. O. Box 4070, Kalamazoo, MI 49003-4070, 269.488.4434.

COMMUNITY EDUCATION & TRAINING

Kalamazoo Valley Community College provides innovative and relevant lifelong learning opportunities to community members of all ages. These non-credit classes emphasize personal enrichment, professional development and community outreach.

COMMUNITY CULINARY AND NUTRITION | Culinary and Allied Health Building - 418 E. Walnut Street

MEAL PLANNING AND PREPARATION
WEDNESDAY, SEPT 5 | 5:30-7 P.M.
Tired of take out? Looking to improve your diet and save time or money? Learn to plan a weekly menu, assemble a shopping list, cook efficiently, and organize prepared food safely.
Discussion, Demonstration and Sampling with Chef Stephanie Hughes
Cost: $25

WHAT IS FOOD?
YOUTH - TUESDAY, SEPT 11
ADULT - TUESDAY, OCT 23 | 5:45-7:15 P.M.
Join a discussion on the difference between food, and, "food like substances" in this interactive course. Examine what it looks like to eat in Kalamazoo past and present, why it's often challenging to find and make the healthy choice, and how we can identify solutions to change it.
Discussion, Demonstration and Sampling with Instructors Paige Kyle, MPH RDN & Chef Lizzie Luchsinger
Cost: $15 per session

KITCHEN "FUN"DAMENTALS
WEDNESDAY, SEPT 19 | 5:30-7 P.M.
Participants will learn how to set up a safe cutting board, develop knife skills, understand measuring, and utilize proper cleaning and sanitizing procedures.
Discussion, Hands-On Instruction and Sampling with Chef Stephanie Hughes
Cost: $25

BOOK CLUB: COFFEE AND CONVERSATION
THURSDAY, SEPT 27 & MONDAY, DEC 10 | 5:30-6:30 P.M.
Join a facilitated discussion of food in non-fiction, and explore how the themes in the books relate to your healthy living journey. Thursday, Sept 27: In Defense of Food by Michael Pollan. Monday, December 10: The Blue Zones: Lessons for Living Longer from the People Who've Lived the Longest by Dan Buettner.
Discussion with Instructor Holly Klamer, RDN
Cost: $10 per session

THE PRESERVATION OF FOOD
THURSDAY, NOV 1 | 5:30-6:30 P.M.
Participants will learn to identify, navigate, and make the best food choices for healthy living. From historic preservation techniques for survival - to modern food engineering, this session will explore the evolution of the "preservation" of foods.
Discussion with Instructors Darci Schimp, RDN & Chef Camille White
Cost: $10

MINDFUL EATING
WEDNESDAY, NOV 7 | 5:30-6:30 P.M.
Ever find yourself eating mindlessly? Snacking on a couple of chips, and suddenly the whole bag is empty? Learn to eat mindfully and healthfully. Enjoy the preparation. Savor every bite. Learn to contemplate the tastes, aromas, and thoughts that are associated with the food you consume.
Discussion and mindful sampling with Instructors Darci Schimp, RDN & Chef Camille White
Cost: $10

WEIGHT MANAGEMENT: KITCHEN TRAINING
WEDNESDAY, NOV 14 | 5:30-7 P.M.
It seems like every day a new diet comes out that is supposedly the "best"; but what really works for you and your body? Learn to successfully plan ahead with appropriate healthy recipes, shop effectively, prep efficiently, and store foods safely. Healthy food samples included.
Discussion, Demonstration and Sampling with Chef Stephanie Hughes & Holly Klamer, RDN
Cost: $30

HEALTHY EATING ON A BUDGET
TUESDAY, DEC 4 | 5:30-6:30 P.M.
Learn to avoid over purchasing, how to save money while grocery shopping, and how to recognize community resources available to assist. Through discussion and food sampling, participants will discover that healthy eating can be affordable and delicious.
Discussion, Demonstration and Sampling with Instructor Corrine Bieber-Peak, RDN & Chef Lizzie Luchsinger
Cost: $15

SOUPS AND CHOWDERS
SATURDAY, SEPT 15 | 10:00 A.M.-1:00 P.M.
Director of Culinary Education, Chef Brian Hay, will show you the steps in making four basic soups; seafood chowder, roasted squash soup, a hearty tomato bean soup and a roasted chicken, mushroom soup. Sample each soup during class.
Demonstration and Sampling with Chef Brian Hay
Cost: $65

OKTOBERFEST: BEER AND FOOD PAIRING
(3 PART SERIES)
MONDAY, SEPT 24 (GERMAN BEER) | 5:30-7 P.M.
MONDAY, OCT 1 (ENGLISH BEER) | 5:30-7 P.M.
MONDAY, OCT 8 (BELGIAN BEER) | 5:30-7 P.M.
Beer lovers, enthusiasts and newbies unite! In the spirit of Oktoberfest, this three-part series will provide a regional overview of the ingredients in beer and how the flavors, aromas, textures, strengths and colors interact with the various harmonies of food. Regional flavors explored will include: German, English and Belgian. Beer-food appetizer tastings will be provided at each session. Participants will have the opportunity to discuss and provide conclusions on how the pairings compare and/or contrast with each other. Prost!
Demonstration, Sampling and Discussion with Chef Lucas McFarland
Cost: $175 | 21+ age only

CULINARY EXPLORATIONS: THAILAND
(3 PART SERIES)
TUESDAY, SEPT 25 | 5:30-7:30 P.M.
TUESDAY, OCT 2 | 5:30-7:30 P.M.
TUESDAY, OCT 9 | 5:30-7:30 P.M.
Participants will learn to make curries, pickled veggies, and traditional Thai dishes guided by culinarian, Tip Maddux. Tip will share her expertise in incorporating fragrant and flavorful herbs, as well as, teach artful plating techniques. Come hungry for this hands-on class, and devour your sensational creations.
Demonstration, Hands-on Instruction and Dinner with Instructor Tip Maddux
Cost: $125

CONTEMPORARY VEGETARIAN CUISINE
FRIDAY, OCT 12 | 5:30-7 P.M.
Learn to get creative with plant-based foods and take your culinary skills to the next level. Enjoy culinary demonstration, discussion and tastings.
Demonstration and Sampling with Chef Joel Boone
Cost: $45

IRON CHEF DESSERTS
WEDNESDAY, OCT 17 | 7-8:30 P.M.
Join 17-time Iron Chef America participant Chef Cory Barrett on a journey through the desserts created on winning episodes. Sample his creations while watching him in action. This demonstration class will discuss and exhibit theory and methodology behind delicious single-ingredient focused desserts that can be prepared before the clock runs out.
Demonstration and Sampling with Chef Cory Barrett
Cost: $35

A TASTE OF THE CAROLINAS
FRIDAY, NOV 2 | 5:30-8:15 P.M.
Chef Hay will prepare dishes such as pickled shrimp and grits, Country Captain stew and southern pies. Sample the dishes as they are prepared, and enjoy wine pairings selected by Chef Hay.
Demonstration, Food & Wine Sampling with Chef /Sommelier Brian Hay
Cost: $75 | 21+age only

SIMPLE & DELICIOUS SAVORY BAKED GOODS
THURSDAY, NOV 8 | 5:30-8:00 P.M.
Warm flat bread, savory vegetable tarts, cheesy focaccia; baking isn't always about dessert and it certainly does not need to be complicated! Chef Cory Barrett will guide you through simple baked creations. Enjoy your creations at the end of class and bring leftovers home.
Demonstration, Hands-on Instruction and Sampling with Chef Cory Barrett
Cost: $65

HOLIDAY BAKED GOODS
THURSDAY, NOV 29 | 5:30-8 P.M.
Travel, family schedules, snow; give yourself a break and find out how to simplify your holiday baking routine. This hands on baking class will focus on holiday staples and alternatives. The recipes will be simple to execute and most importantly delicious to eat. Enjoy your creations at the end of class and bring leftovers home.
Demonstration, Hands-on Instruction and Sampling with Chef Cory Barrett
Cost: $65

CULINARY EXPLORATIONS: TRINIDAD AND TOBAGO
WEDNESDAY, DEC 12 | 5:30-8:00 P.M.
Join Chef Michael Murray for a hands-on exploration of the culture and cuisine of Trinidad and Tobago. Melding Caribbean, Creole/African and Indian cultural and culinary traditions - this cuisine is full of flavor, spice, produce and fresh seafood. Come hungry and feast on the creations you cook in class.
Demonstration, Hands-on Instruction and Dinner with Chef Michael Murray
Cost: $65

FRESH PASTA MAKING HIGHLIGHTING NEW YORK AND ITALIAN SPECIALTIES
WEDNESDAY, JAN 16, 2019 | 5:30-8 P.M.
Make two different styles of traditional Italian pasta in various shapes. Examine how preparations differ in Italian and New York style dishes and enjoy a meal of regional specialties and accompaniments.
Demonstration, Hands-on Instruction and Dinner with Chef Michael Murray
Cost: $65

For more information and to register visit www.kvcc.edu/community or call 269.353.1253.

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COMMUNITY EDUCATION & TRAINING

LIFE ENRICHMENT | Food Innovation Center - 224 E. Crosstown Parkway

MASTER RAIN GARDENER TRAINING COURSE
TUESDAYS, SEPT 4–OCT 2 (5 WEEKS)
5:30-8 P.M.
The Kalamazoo area Master Rain Gardener certification course is co-hosted by the Kalamazoo River Watershed Council and Kalamazoo Nature Center in partnership with Kalamazoo Valley Community College and Kalamazoo Valley Museum.

Learn to create a living rain garden that mimics nature by letting rain water soak into the ground. It's a garden bed planted in a shallow depression with plants especially adapted for dry and wet conditions.
Instructors: Jamie McCarthy and Anna Kornoelje
Capacity: 30 | Cost: $45

BEEKEEPING 103
WEDNESDAYS, SEPT 5 - OCT 24 (8 WEEKS)
5:30-7:30 P.M.
This last section of the three-part series in beekeeping will look at the life of a honeybee colony as it continues to ready for winter. Overwintering practices, preparation and options will be discussed, along with fall and winter duties of the beekeeper. We'll continue our examination of bee biology, and discuss other products of the hive.
Instructors: Charlotte Hubbard and Shaana Way
Capacity: 24 | Cost: $140

NEW | AT-HOME HERBALISM
THURSDAYS, SEPT 6–OCT 25 (8 WEEKS)
6:30-8:30 P.M.
Plants are a traditional source of nutrition and healing. Students will explore the impact of ancestral plants, sources of materia medica, ethical and sustainable foraging techniques, as well as recipes for building a home apothecary. We will engage in on-campus plant walks to discuss bioregional, cultivated and seasonal plants.
Instructor: Brenna Pixley
Capacity: 24 | Cost: $140

NEW | CONTAINER SALADS IN THE FALL
SATURDAYS, SEPT 8, SEPT 22, AND OCT 6 (3 WEEKS, EVERY OTHER WEEK)
10 A.M.–12 P.M.
Learn the basics of container salad gardening. You will plant three pots with veggies and herbs to take home with recipes. Start a garden journal, take measurements and observations of your plants, and learn to manage basic container gardening challenges. This class is intended for families of all ages and types. Register as a "family unit" with at least one adult for every three children. Fee includes three container salad gardens per family unit.
Instructor: Ben Brown
Capacity: 15 households
Cost: $125 per family unit or $75 if grant-funded

URBAN HOMESTEADING
MONDAYS, SEPT 10–OCT 29 (8 WEEKS)
5:30-7:30 P.M.
Join us in learning to make simple gardens (indoor and outdoor), planting perennial food crops, foraging wild edibles, preservation and fermentation of crops, husbanding urban livestock, cheese making, composting and mushroom cultivation. A class for all ages and all scales of land access
Instructor: Lee Arbogast
Capacity: 24 | Cost: $140

MUSHROOM CULTIVATION
TUESDAYS, OCT 9–NOV 27 (8 WEEKS)
5:30-7:30 P.M.
Learn to grow gourmet mushrooms from locally available materials. We will grow oysters, shiitake, winecaps, portabellos, reishi and more. Students will learn to procure substrates and create good environments for mushroom growth.
Instructor: Lee Arbogast
Capacity: 24 | Cost: $140

NEW | BECOMING YOUR MUSIC
MONDAYS, NOV 5–DEC 17 (7 WEEKS)
5:30-7:30 P.M.
This course is meant to open learners to their own musical instincts without attachment to traditional forms of music training based on technique and theory. Every week we'll try different, cumulative tactics for building rhythm, melody, and harmony. We will perform solo and collaborative music to reinforce and celebrate learning processes. Prior skill or training with an instrument is not required. Bring your own instrument or come share your voice.
Instructors: Lee Arbogast and Helen Yee
Capacity: 30 | Cost: $140

SO YOU WANT TO BE A BEEKEEPER?
WEDNESDAYS, NOV 7 AND 14 (2 WEEKS)
5:30-8:30 P.M.
We'll review the financial, time, physical and emotional commitments required for beekeeping and where to locate hives, basic equipment types and essentials, the various options for obtaining bees and a timeline for making it happen.
Instructors: Charlotte Hubbard and Shaana Way
Capacity: 30 | Cost: $50

FITNESS CENTER BASICS
SEPT 4–DEC 21 (15 WEEKS)
MONDAY-THURSDAY | 6 A.M.–8 P.M.
FRIDAY | 6 A.M.–6 P.M.
SATURDAY | 9 A.M.–3 P.M.
This program includes full access to Kalamazoo Valley's Wellness and Fitness Center (WFC) and free weight room during regularly scheduled hours. Weekly clinics will be provided by Fitness Center employees.
Location: Texas Township Campus
6767 West O Avenue
Cost: $75

For more information and to register visit www.kvcc.edu/community or call 269.353.1253.

CAREER ACADEMIES

PHLEBOTOMY TECHNICIAN ACADEMY
JAN 22-MARCH 28 (10 WEEKS)
TUESDAY, WEDNESDAY, THURSDAY
4:30-8:30 P.M.
CLINICALS 7 A.M.-3:30 P.M.
This academy is in partnership with Bronson Hospital. Students will receive training to work as phlebotomy technicians and they will work to become prepared to gain national certification through the American Society for Clinical Pathology. Students will learn to draw blood from patients and prepare it for diagnostic testing. Classes are held at Kalamazoo Valley's Culinary and Allied Health Building in downtown Kalamazoo and clinics are at Bronson Hospital the last three weeks of the course.
Cost: $1,400

PATIENT CARE ACADEMY
SEPT 2018 (7 WEEKS)
TUESDAYS AND THURSDAYS | 5-9 P.M.
SATURDAYS | 8 A.M.-4:30 P.M.
CLINICALS | 6:30 A.M.-4 P.M.
This academy prepares individuals for these in demand healthcare positions. Students who successfully complete the academy are eligible to take the State of Michigan examination to become a Certified Nurse Assistant (CNA). Classes are held at the Culinary and Allied Health Building and clinics are at Bronson Hospital.
Cost: $1,200

DENTAL RADIOGRAPHY
SEPT 21-22 | SEPT 28-29 | 8-4 P.M.
This course is designed to help prepare dental assistants on the basic principles and current techniques of dental radiography and is approved by the State of Michigan Department of Community Health. The course complies with the Michigan Practice Act that states dental assistants must take radiographs under general supervision if they have completed a course in dental radiography that is substantially equivalent to courses taught in approved RDA or RDH programs. Classes are held at the Dental Hygiene Clinic, Room 1260 on the TTC campus.
Cost: $575

For more information and to register visit www.kvcc.edu/careeracademies or call 269.353.1253.

CORPORATE TRAINING | Groves Center - 7107 Elm Valley Drive

INTRODUCTION TO COMPUTER NUMERICAL CONTROL (CNC)
SEPT 11–12 | 8 A.M.-5 P.M.
DEC 11–12 | 8 A.M.-5 P.M.
This program covers the fundamental principles of safe work practices. Course participants learn to operate 3 axis CNC milling machines and 2 axis CNC lathes. Participants experience the types and applications of common measuring instruments and cutting tools used in CNC machining and the use of various jigs and fixtures. Participants receive approximately 25% classroom and 75% hands on laboratory instruction.
Cost: $610

LEADERSHIP: COACHING ON THE FRONT LINE
SEPT 13, 20, 27 & OCT 4, 11, 18
8 A.M.-12 P.M.
This course helps leaders to improve in their evolving role and learn to build leadership skills through the use of feedback, coaching, communication and improving performance. This program is designed for anyone in a supervisory role and the direct manager(s) who support them.
Cost: $750

ELECTRICAL SAFETY
SEPT 18 | 8 A.M.-5 P.M.
In this hands-on course, participants will learn how to work safely around electrical equipment in an industrial setting. The units in the course address the safety rules of electricity which are a prerequisite to Basic Electricity, Advanced Electrical and Automated Control Concepts, Sensors and Automated Electromechanical Devices, and Programmable Control Systems courses.
Cost: $290

BASIC ELECTRICITY
SEPT 25, OCT 2, 9, 16 | 8 A.M.-5 P.M.
In this hands-on course, participants will learn the basics of electricity as applied in the industrial setting. The units of study fully address industrial electrical principles providing a foundation for more advanced electrical and equipment control topics. The Electrical Safety Course is a prerequisite for this course.
Cost: $1195

BASIC ROBOTICS
OCT 23 | 8 A.M.-5 P.M.
In this hands-on course participants learn how to safely operate a 6-Axis FANUC robot and manually operate it in various modes such as Join & World. Students will also become familiar with opening and editing programs, commanding I/O, work with position registers, as well as creating some of their own basic material handling programs.
Cost: $325

ADVANCED ELECTRICAL AND AUTOMATED CONTROL CONCEPTS
OCT 30, NOV 6 | 8 A.M.- 5 P.M.
In this hands-on course, participants will learn advanced electrical and automated control concepts. The Electrical Safety and Basic Electricity courses are prerequisites for this course.
Cost: $610

SENSORS AND AUTOMATED ELECTROMECHANICAL DEVICES
NOV 27, DEC 4 | 8 A.M. – 5 P.M.
In this hands-on course, participants will learn to operate and diagnose automated electromechanical devices and sensors. The participant will demonstrate comprehension by performing tasks on actual electrical and electronic controls of industrial equipment. The Electrical Safety, Basic Electricity, and Advanced Electrical and Automated Control Concepts courses are prerequisites for this course.
Cost: $610

For more information and to register visit www.kvcc.edu/training or call 269.353.1275.

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